

Me and s.p.a.c.e Ambassador David Waldie. Read about Dave on pg. 5 of this newsletter.



2010 TAKES OFF

Welcome to the first s.p.a.c.e Connect for 2010. This newsletter is your insight into s.p.a.c.e vision, people and events. It will be a chance for you to get in touch with your community.

For the past month I have enjoyed living in Singapore. Although well traveled as a youngster this trip overseas was my first as an adult. I nervously said goodbye to my mother at the departures gate before learning I had been upgraded to business class! Soon after boarding all my travel anxiety disappeared into the warm embrace of a hot towel and sky bed. Why did I get upgraded you ask? Well here is my theory.

As I stood in line to check in my baggage I began to wonder if I would ever board the plane. There were some problems with check in and the lines were getting longer and rowdier by the minute. As I slowly approached the front of the cue I could see the airline staff were being given a hard time - despite their greatest efforts to meet the needs of passengers. Feeling bad, and extremely grateful I was boarding the plane and not working on it, I made a point of loudly announcing to Mum that "They aren't doing this on purpose.

There must be something wrong with their systems." The nearby staff member gave me a shy grin and the noise dulled. I finally checked in my and began the next long wait in the departure lounge.

As I waited I heard my name called over the loud speaker. They were asking me to approach the front desk. Upon my arrival the same hostess who had grinned at me in the baggage line loudly announced to the room "Miss Phillips here is your new boarding pass".

I tell you this story because s.p.a.c.e systems are down. Renovations are not complete due to some problems coming to an agreement regarding leasing of the premises. Please keep in mind that we are doing everything we can to make things move faster. There is no need to find the exits yet. Just stay in your seats take off will commence shortly!

Happy New Year. I dare you, while you still can, to have a magnificent obsession!

Alissa xxoo

s.p.a.c.e Executive Director.

"cheers to a new year
and another chance
for us to get it
right."

- Oprah Winfrey



s.p.a.c.e
C O N N E C T
January 2010

Specialised Programs And Community Endeavours

SEE IT.

DO IT.

OWN IT.

s.p.a.c.e Mantra 2010

The challenge for every community is not so much to have a vision or a plan or program of what it wants to become, it is to discover and create the means for bringing that vision, or possibility, into being. - Civic Engagement and the Restoration of Community.

To state it more precisely, s.p.a.c.e 2010 is about creating a future for our organisation that is distinct and not predicted by its past. The reality is that while visions, plans and committed top leadership are important, even essential, no clear vision, nor detailed plan, nor committed leaders have the power to bring this image of the future into existence. What brings a fresh future into being are people. The investment of people who are willing to pay the emotional and economic price that really creating something new requires.

It is my goal to see s.p.a.c.e mentor, inspire and assist Brisbane communities, and furthermore Queensland, to establish and embrace inclusive communities practices. For this goal to be achieved s.p.a.c.e have developed a 2010 strategy entitled "Changing Communities One Conversation at a Time".

Using the mantra, See it. Do it. Own it. I will work with motivated community members till the end of the year. From 2011 onwards it is

hoped that s.p.a.c.e will have empowered those individuals to continue the vision and be inspired to create a new legacy for the organisation. I meanwhile will continue to host Big Night Out till I am too old to dance any more!

As the leader of the s.p.a.c.e organization I still have a lot to learn. I look to a business metaphor to help me explain my succession plan. s.p.a.c.e's is a spider organization. I am the body and your support make up the arms. If I were to collapse, the arms [s.p.a.c.e] could not function without their body. I aspire to turn s.p.a.c.e from a spider into a starfish whereby all five limbs are independent and strong and with the loss of one [arm] comes the growth of another.

My personal contribution is one of commitment and visionary leadership to the big picture. Being able to substantiate my vision will allow for s.p.a.c.e to progress into the future with new leadership through visionary succession planning. I take my role as a community leader very seriously and describe my role as enabling of new and participatory leadership. I help to enable a citywide collection of volunteers to work together to make a difference and I am heavily invested in doing so. I plan to continue this contribution to my community by remaining a key Board Member to the s.p.a.c.e organisation.

For now though we have a VERY BIG year ahead. We will **See** the need. **Do** the work. **Own** the outcomes. I look forward to enjoying what is set to be an exciting 2010.

Specialised Programs And Community Endeavours

open day

Inspiring Communities to See it. Do it. Own It.

TOURS OF THE FACILITY/EXPO 10:00 - 2:00
CRICKET MATCH 11:00 - 1:00
ROTARY BBQ 12:00 - 1:00
ACTIVITY HOUR 1:00 - 2:00
TWILIGHT JAZZ HOUR
PRIZES, RAFFLES AND MORE

Saturday 27th March 2010
10am - 2pm
@ the s.p.a.c.e Hall,
Branton St, Kenmore, 4069
www.thespace.org.au

SAVE
THE
DATE:

Saturday
March 27

Official posters are
on their way.

Specialised Programs And Community Endeavours

LET'S GO TO THE MOVIES!

For the last three years s.p.a.c.e has hosted the very popular Friday night program Big Night Out (BNO). During this time BNO has provided a once monthly soundtrack for young adolescents and adults from all over Brisbane to dance the night away. In 2010 we are proud to announce the beginning of a new Friday night program - Movie Night. The idea is simple. One Friday night a month s.p.a.c.e invites you to join us for a film and some popcorn all in the company of good friends. There are two things that set Movie Night apart from your average night in front of the DVD player. The first is that all proceeds from the evening will be devoted to training and maintaining our volunteers. Without volunteers our organisation would not be able to function. Not to mention, and I am sure you will agree, there is something very special about the people who give their time to s.p.a.c.e and we want them to feel valued and supported in their continued participation. The second exciting aspect of the s.p.a.c.e Movie Night is our choice of films. Over the past year s.p.a.c.e has noticed its potential to reach out and connect with the community on a socially responsible level. We are finding that people are attracted to getting involved with our little community because they are inspired to become part of our conversations about inclusive communities, disability, difference, and social responsibility in the community. We want to encourage this engagement so have chosen a selection of stories that reflect this desire to learn and talk about themes related to making our world a better place. When creating this program I was inspired by the words "It's not where you take things from - it's where you take them to." The movies on offer this year at the s.p.a.c.e Movie Night are both old and new. They all have one thing in common though. The potential for us to take them and use them for inspiration, questioning, reflection and in some cases pure entertainment. I look forward to sharing this new and unique program with you. See you at the movies!



The best piece of advice ever given was by the art director of Harper's Bazaar, Alexey Brodovitch, to the young Richard Avedon, destined to become one of the worlds greatest photographers. The advice was simple: **"ASTONISH ME!"**

Bear these words in mind and whatever you do will be creative.

-From the book 'Whatever You Think Think The Opposite' written by Paul Arden

When asked the secret of success, Woody Allan replied, "Turn Up."

Volunteering can bring you new friends, job opportunities, enriched health, well being and a sense of self and belonging. In fact, the irony of volunteering is that whilst you are attempting to make a contribution to someone else's life volunteering is in fact contributing right back to yours. More and more these days volunteering is being seen as a stepping stone to employment. Why not I say! Not only can the new experience teach you skills but it can also expose you to avenues and ideas you may not have previously been awake to. For those of us who's eyes are already wide open, but the doors are still closed, then volunteering can serve as a stepping stone to new horizons. In the words of Woody Allan when asked the secret of success:

"If you don't have the degrees or fees to go to university, just turn up. If you want to be in a job where they won't accept you, just turn up. Go to all the lectures, run errands, make yourself useful. Let people get to know you. Eventually they will accept you, because you are a part of their community. They will not only respect your perseverance but will like you for it. It may take time, a year say, but you will be in, not out."

At s.p.a.c.e it will take no time at all to become part of our community. You never know where volunteering could take you. One thing is for sure though nothing is ever going to happen if you don't turn up!



Chris dancing with Sam at the Big Night Out

ANOTHER GREAT VOLUNTEER SAYS GOODBYE.

Christopher Johnson, s.p.a.c.e volunteer Graphic Designer and devoted Big Night Out attendee, leaves us for new adventures in 2010. Chris came to us in 2007 when he attended his first s.p.a.c.e event - our original Trivia Night fundraiser. Since then he has graced the BNO dance floor monthly and generously donated his artistic skills to improving the image and aesthetics of the s.p.a.c.e brand and marketing. You can view Chris's original s.p.a.c.e work in the 2008 Big Night Out Calendar, at the s.p.a.c.e 100 Project Website (www.thespace100project.com) and in all posters and paraphernalia from 2009. Chris, as with so many of our male volunteers, brings something to our special community that is invaluable to the culture of s.p.a.c.e - **fabulous male role models!** With so many young and impressionable boys and men at s.p.a.c.e the opportunity to have Chris and others like him share their time so generously has been an outstanding privilege. Thank you Chris. You will be missed. Can't wait to rip it up on the dance floor with you upon your return from the UK.

Are you a FMRM (Fabulous Male Role Model)? Contact s.p.a.c.e to find out how you can share your FMRM skills by volunteering at programs and projects. We need you and would love to hear from you early in the new year.

**FMRM can be assured that s.p.a.c.e has plenty of FFRM (Fabulous Female Role Models) just waiting to be impressed with your SSRS (Socially Responsible Sensitive Side).*



**Turn this
page
upside
down...**

WELCOME TO OUR AMBASSADOR

Dave has been a keen & active s.p.a.c.e. participant over many years. One of David's life goals is to be a leader & role model to his peers, to tell and show others "You can do it. Believe in yourself". He articulates this well in his involvement in s.p.a.c.e. and as s.p.a.c.e. Ambassador. His passion for music & the telling of his life and experiences through his song writing & performance is an inspiration to all who listen to him. He is as active in his online community through social networking sites as Facebook and YouTube as in his community in Kenmore. Through the opportunity to co-facilitate the s.p.a.c.e. R.E.P Program with Alissa he will help mentor participants by encouraging and challenging them to 'speak out' about themselves, others and issues. Dave will also be a newsletter contributor. As s.p.a.c.e. volunteer David embraces the s.p.a.c.e. community with his abundant enthusiasm by facilitating online communication & discussion on the online s.p.a.c.e. community forums.



**Things are looking up
already!**

S.P.A.C.E CALENDAR OF PROGRAMS

s.p.a.c.e is a community centre for but not limited members of the community with special needs. We are proud of our weekly calendar and would love for you to check in with our website to check out what we have on offer. In the meantime here are our weekly programs in a nutshell:

Music Therapy - Monday afternoons weekly

(Session 1: 4:00 - 4:45) The focus of M.A.D. is to have fun by doing group based music activities.

(Session 2: 4:45 - 5:30) This program is a little more advanced than M.A.D., as it has a strong emphasis on song writing.

Cost: \$100 for a ten week term. Contact Vanessa 0405 715 709

R.E.P Program - Monday events weekly 5:30 - 6:15 pm

Participants will be supported to speak up and speak out on topics of their choosing. Cost: \$100 for a ten week term. Contact Alissa 0403 747 228

Bust A Move - Wednesday afternoons weekly 4:30 - 5:30 pm

Bust A Move was created out of a need for inclusive dance classes for kids, teens and adults with special needs. Cost: \$100 for a ten week term. Contact Ali 0423 923 851

Activate - Thursday afternoons weekly 4:30 - 5:30 pm

What do you get when you blend fun, fitness, stamina, strength, coordination, competition, mates and more? Activate at the space community centre! Cost: \$100 for a ten week term
Contact Nicole 0421 656 990

Shed West - Tuesday afternoons weekly 1 - 4 pm

Presentations on issues of interest to men including demonstrations of trade skills and hobbies as well as presentations on men's health issues and relevant discussions.
Contact Graeme 0407 653 013

Yogini - Tuesday - Wednesday, Thursday, Saturday 9 - 11 am

Yoga for women. Contact Noush 38789907

Nia Dance - Friday mornings 9

Dance Movement Classes for Fitness and Wellbeing, Movement for body and soul. Contact Sophie sophie@niaaustralia.com.au

Martial Arts

Fun, fitness and discipline through Martial Arts on Tuesday and Thursday evenings 5:30 - 8:30. Contact Russel 3202 7581



NEW PROGRAM: **Boppin' Babies**

Boppin' Babies is a fun and stimulating 45 minute music program designed by a music therapist to enhance babies' development and help you use music in the home.

You don't have to be musical to attend as the focus is on the children learning through involvement.

The program is designed specifically for babies and toddlers to enhance early childhood development and nurture relationships between you and your baby through musical play and interactions.

It also provides practical hands-on ideas for using music at home to stimulate, calm and interact with baby. Parents and relatives who attend classes with their babies enjoy increased confidence when using music in the home.

Mondays mornings 10:15 - 11:15
Contact Vikki on 0430 591 532